

MARS

MICROTIA and ATRESIA RESILIENCE and SELF-CONFIDENCE building social skills program

MARS is a group program for primary school aged children with microtia and atresia.

This program addresses some of the issues that children with microtia and atresia often face and is designed to help these children build resilience and self-confidence.

This is a 3.5 hour session led by Hear and Say clinical staff who are experienced workshop facilitators and specialise in paediatric auditory health as well as microtia and atresia. We also employ the services and expertise of a clinical psychologist. In addition, Hear and Say uses external service providers as part of the sessions to deliver valuable activities such as drama workshops. We also plan to include teenage mentors (born with microtia and atresia) to support the children.

Program Benefits

This program offers a variety of activities for children to participate in, including learning about how the hearing system works and gaining a better understanding of their hearing loss. There will also be discussions about growing up with microtia and atresia, as well as focus on practical skills and anti-bullying strategies.

The MARS Program will focus on developing skills and strategies to:

- Build self-esteem and boost self-confidence
- Manage other people's reactions and questions
- Discuss techniques to handle everyday situations like staring, questions and comments
- Build communication skills
- Discuss ways to talk about looking different
- Explore attitudes and beliefs
- Share experiences with others and swap ideas
- Build relationships and friendships

Program details

Date: Saturday 14 September 2019

Time: 9.45am – 1.15pm

Where: Hear and Say
29 Nathan Avenue, Ashgrove

This group program will be run in conjunction with our Australian Microtia and Atresia Conference.

Families do not need to attend the conference for their children to participate.

NDIS Funded Families

This program is accessible with NDIS funding under "Capacity Building". The NDIA has allocated the amount of \$152.18 (for 3.5 hours participation in a group program).

Families without NDIS Funding

Subsidised funding is available for families who do not have NDIS plans.

REGISTER NOW

www.hearandsay.com.au/how-we-help/microtia-and-atresia/parents/



Hear and Say
Opening worlds